

MAIN STAGE



AM
PM

- 10:30 ● Chris Duke and the Royals - 20min
- 11:00 ● Bronnie Ware - 30min
- 11:40 ● Michael Peter - 30min
- 12:20 ● Cabaret Arabia - 10min
- 12:35 ● Dogs needing homes Sydney Dogs & Cats Home - 10min
- 12:45 ● Matty Woods - 30min
- 1:25 ● Racheal Brady - 30min
- 2:05 ● Mending Melissa - 25min
- 2:40 ● George Anare - 30min
- 3:20 ● Tranceportation Drummers - 15min
- 3:50 ● Rap Attack - 10min
- 4:05 ● Fashion Show - 5min
- 4:15 ● Speaker: Taleen Young Claytime Australia - 10min
- 4:25 ● Raffle Draw - 20min
- 4:50 ● Speaker: Elizabeth Usher - 10min
- 5:00 ● Amy Vee - 30min
- 5:40 ● Molly Contogearge - 30min
- 6:20 ● Amanda Baker - 30min
- 6:55 ● Festival Close



- main stage
- demo marquee
- kids zone
- bar
- mixed stalls
- food stalls
- i info booth
- ♿ toilets



DEMO MARQUEE



AM
PM

- 10:15 **Guided Meditation Session**
30min **Meditation** with Sydney Buddhist Centre
- 11:00 **Morning Yoga Session**
30min **Yoga** with Yoga in Daily Life
- 11:45 **Raw Food Workshop - Super Chocolate Fudge & Caramels**
30min **Raw Food** with Julie Mitsios, Conscious Choice Catering
- 12:20 **The Hidden Truth: Cosmetic Facts and Un-ethical marketing**
20min **Talk** with Callum & Taleen Young, Australian Natural Mineral Makeup
- 12:45 **Telepathic Communication with non-human animals**
30min **Talk** with Jodi Ruckley
- 1:25 **Vegan recipe ideas for Christmas Day**
45min **Cooking** with Suzy Spoon, Iron Deficient Chef
- 2:20 **Launching the Australian Veg food guide 2011**
20min **Book Launch** with Chris Chincillia
- 2:50 **Fruitful Nutrition - Fruits, the compassionate foods**
20min **Talk** with Dr Sandy Tuszyńska
- 3:20 **Monte Carlos (Coconut & Raspberry dessert)**
45min **Cooking** with Leigh Drew, Author of Vegan Indulgence
- 4:15 **Eating for Happiness: Social & Emotional Aspects of Eating**
20min **Talk** with Grant Campbell, Raw Aussie Athlete
- 4:45 **The Real Missing Link for a Compassionate World**
20min **Talk** with Clare Mann



SINGLES

Cruelty Free Speed Dating

1pm	Under 21's	location listen for announcement or check at the info booth
2pm	21-35	
3pm	35+	
4pm	Same Sex	

PARENTS

Vegan Parent Meet Up

11am Meeting in the Kids Zone

WIN A HAMPER

Fill in our survey & go in the draw to **win a hamper full of goodies!**
Pick up a survey at the info booth
Prize Draw at the end of the day